


Next Step—August 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	2 12:30 PM WRAP 2:30 PM IPS	3 12 PM Community Potluck 1 PM Community Meeting	4 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	5 12 PM Check-in 1 PM Walking Group 2 PM Inspirational Movement	6 11 AM Crafts & Jewelry 1 PM Creative Writing 2:30 PM Community Healing
7 Closed <i>11 AM—4 PM Cheshire Fair</i> 	8 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness <i>9:30-11:30 AM Newsletter Workgroup @ SS</i>	9 12:30 PM WRAP 2:30 PM IPS	10 12 PM Community Potluck 1 PM Community Meeting	11 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	12 12 PM Check-in 2 PM Inspirational Movement	13 11 AM Crafts & Jewelry 1 PM Creative Writing 2:30 PM Community Healing
14 Closed	15 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness <i>10 AM—2 PM NH Mental Health Planning & Advisory Council Welcome Back Meeting</i>	16 12:30 PM WRAP 2:30 PM IPS <i>10 AM Consumer Council</i>	17 12 PM Community Potluck 2 PM* Community Meeting <i>1 PM Educational Event: Intro to Computers with Susan Seidler</i>	18 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences <i>1 PM Arbor View</i>	19 12 PM Check-in 2 PM Inspirational Movement	20 11 AM Crafts & Jewelry 1 PM Creative Writing 2:30 PM Community Healing
21 Closed <i>10 AM—2 PM PADDLEPOWER</i>	22 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	23 12:30 PM WRAP 2:30 PM IPS	24 12 PM Community Potluck 1 PM Community Meeting	25 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	26 12 PM Check-in 1 PM Walking Group 2 PM Inspirational Movement	27 11 AM Crafts & Jewelry 1 PM Creative Writing 2:30 PM Community Healing
28 Closed	29 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	30 12:30 PM WRAP 2:30 PM IPS	31 12 PM Community Potluck 1 PM Community Meeting			<i>* denotes date or time change</i>