



# Stepping Stone—August 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12 PM Discussion relating to IPS 2 PM Check-out	2 12 PM Community Potluck 1 PM Community Mtg	3 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	4 10:30 AM Walking Group 12 PM Behaviors, Habits & Interactions 2 PM WRAP	5 12:15 PM IPS 1:25 PM Art Wellness	6 12 PM Check-in/Goals 2 PM Community and Personal Healing
7 Happiness is Key ALL DAY  11 AM—4 PM Cheshire Fair	8 12 PM Discussion relating to IPS 2 PM Check-out  9:30-11:30 AM Newsletter Workgroup @ SS	9 12 PM Community Potluck 1 PM Community Mtg	10 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	11 12 PM Behaviors, Habits & Interactions 2 PM WRAP	12 12:15 PM IPS 1:25 PM Art Wellness 3:30 PM Karaoke	13 12 PM Check-in/Goals 2 PM Community and Personal Healing
14 Happiness is Key ALL DAY	15 12 PM Discussion relating to IPS 2 PM Check-out  10 AM—2 PM NH Mental Health Planning & Advisory Council Welcome Back Meeting	16 12 PM Community Potluck 2 PM* Community Mtg  10 AM Consumer Council 1 PM Educational Event: Intro to Computers with Susan Seidler	17 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	18 10:30 AM Walking Group 12 PM Behaviors, Habits & Interactions 2 PM WRAP  1 PM Arbor View	19 12:15 PM IPS 1:25 PM Art Wellness  	20 12 PM Check-in/Goals 2 PM Community and Personal Healing
21 Happiness is Key ALL DAY  10 AM—2 PM PADDLEPOWER	22 12 PM Discussion relating to IPS 2 PM Check-out	23 12 PM Community Potluck 1 PM Community Mtg	24 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	25 12 PM Behaviors, Habits & Interactions 2 PM WRAP	26 12:15 PM IPS 1:25 PM Art Wellness 3:30 PM Karaoke	27 12 PM Check-in/Goals 2 PM Community and Personal Healing
28 Happiness is Key ALL DAY	29 12 PM Discussion relating to IPS 2 PM Check-out	30 12 PM Community Potluck 1 PM Community Mtg	31 12 PM Continuous Growth 1:30 PM News & Stories that Inspire			* denotes date or time change