




# Stepping Stone—September 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
* denotes date or time change				1 10:30 AM Walking Group 12 PM Behaviors, Habits & Interactions 2 PM WRAP	2 12:15 PM IPS 1:25 PM Art Wellness	3 12 PM Check-in/Goals 2 PM Community and Personal Healing
4 Happiness is Key ALL DAY	5 12 PM Discussion relating to IPS 2 PM Check-out  12-2 PM Picnic @ NS	6 12 PM Community Potluck 1 PM Community Mtg	7 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	8 12 PM Behaviors, Habits & Interactions 2 PM WRAP	9 12:15 PM IPS 1:25 PM Art Wellness 3:30 PM Karaoke	10 12 PM Check-in/Goals 2 PM Community and Personal Healing  10 AM--4 PM Hampton Beach & Seafood Festival
11 Happiness is Key ALL DAY	12 12 PM Discussion relating to IPS 2 PM Check-out  9:30-11:30 AM Newsletter Workgroup @ SS	13 12 PM Community Potluck 1 PM Community Mtg	14 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	15 10:30 AM Walking Group 12 PM Behaviors, Habits & Interactions 1-3 PM Educational Event: "It's All About You" With Marty Fuller @ SS Closed during meeting unless attending.	16 12:15 PM IPS 1:25 PM Art Wellness  	17 12 PM Check-in/Goals 2 PM Community and Personal Healing
18 Happiness is Key ALL DAY	19 12 PM Discussion relating to IPS 2 PM Check-out	20 12 PM Community Potluck 1 PM Community Mtg  10 AM Consumer Council	21 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	22 12 PM Behaviors, Habits & Interactions 2 PM WRAP 1-3 PM Educational Event: "It's All About You" With Marty Fuller @ NS 	23 12:15 PM IPS 1:25 PM Art Wellness 3:30 PM Karaoke	24 12 PM Check-in/Goals 2 PM Community and Personal Healing
25 Happiness is Key ALL DAY	26 12 PM Discussion relating to IPS 2 PM Check-out	27 12 PM Community Potluck 1 PM Community Mtg	28 12 PM Continuous Growth 1:30 PM News & Stories that Inspire  4-7 PM Annual Board Dinner & Meeting @ SS	29 12 PM Behaviors, Habits & Interactions 2 PM WRAP  1 PM Arbor View	30 12:15 PM IPS 1:25 PM Art Wellness	