




# Stepping Stone—November 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
* denotes date or time change		1 12 PM Community Potluck 1 PM Community Mtg	2 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	3 10:30 AM Walking Group 12 PM Behaviors, Habits & Interactions 2 PM WRAP	4 12 PM Discussion relating to IPS 2 PM Check-out	5 12 PM Art Wellness 2 PM Community and Personal Healing
6 Happiness is Key ALL DAY 	7 12:15 PM Check-in/Goals 1:25 PM IPS	8 12 PM Community Potluck 1 PM Community Mtg 	9 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	10 12 PM Behaviors, Habits & Interactions 2 PM WRAP	11 12 PM Discussion relating to IPS 2 PM Check-out 3:30 PM Karaoke 	12 12 PM Art Wellness 2 PM Community and Personal Healing
13 Happiness is Key ALL DAY	14 12:15 PM Check-in/Goals 1:25 PM IPS  9:30-11:30 AM Newsletter Workgroup @ SS	15 12 PM Community Potluck 1 PM Community Mtg  10 AM Consumer Council	16 12 PM Continuous Growth 1:30 PM News & Stories that Inspire  4-7 PM Thanksgiving Dinner & Board Mtg @ SS	17 10:30 AM Walking Group 12 PM Behaviors, Habits & Interactions 2 PM WRAP	18 12 PM Discussion relating to IPS 2 PM Check-out 	19 12 PM Art Wellness 2 PM Community and Personal Healing
20 Happiness is Key ALL DAY	21 12:15 PM Check-in/Goals 1:25 PM IPS  1 PM Arbor View	22 12 PM Community Potluck 2 PM* Community Mtg  1 PM Educational Event: Intro to Computers with Susan Seidler @ SS	23 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	24 12 PM Behaviors, Habits & Interactions 2 PM WRAP 	25 12 PM Discussion relating to IPS 2 PM Check-out 3:30 PM Karaoke	26 12 PM Art Wellness 2 PM Community and Personal Healing
27 Happiness is Key ALL DAY	28 12:15 PM Check-in/Goals 1:25 PM IPS	29 12 PM Community Potluck 1 PM Community Mtg	30 12 PM Continuous Growth 1:30 PM News & Stories that Inspire			