






Stepping Stone—December 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
* denotes date or time change		Arbor View—TBA		1 10:30 AM Walking Group 12 PM Behaviors, Habits & Interactions 2 PM WRAP	2 12 PM Discussion relating to IPS 2 PM Check-out	3 12 PM Art Wellness 2 PM Community and Personal Healing
4 Happiness is Key ALL DAY	5 12:15 PM Check-in/Goals 1:25 PM IPS	6 12 PM Community Potluck 1 PM Community Mtg	7 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	8 12 PM Behaviors, Habits & Interactions 2 PM WRAP	9 12 PM Discussion relating to IPS 2 PM Check-out 3:30 PM Karaoke	10 12 PM Art Wellness 2 PM Community and Personal Healing
11 Happiness is Key ALL DAY	12 12:15 PM Check-in/Goals 1:25 PM IPS 9:30-11:30 AM Newsletter Workgroup @ SS	13 12 PM Community Potluck 1 PM Community Mtg	14 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	15 10:30 AM Walking Group 12 PM Behaviors, Habits & Interactions 2 PM WRAP	16 12 PM Discussion relating to IPS 2 PM Check-out Holiday Party 2-4 PM 	17 12 PM Art Wellness 2 PM Community and Personal Healing
18 Happiness is Key ALL DAY	19 12:15 PM Check-in/Goals 1:25 PM IPS	20 12 PM Community Potluck 2 PM* Community Mtg 1 PM Educational Event: Office of Consumer & Family Affairs—Tom Grinley 4-6 PM AVA Gallery & La Salette	21 12 PM Continuous Growth 1:30 PM News & Stories that Inspire Happy  First Day of Winter	22 12 PM Behaviors, Habits & Interactions 2 PM WRAP	23 12 PM Discussion relating to IPS 2 PM Check-out 3:30 PM Karaoke	24 12 PM Art Wellness 2 PM Community and Personal Healing 
25 Happiness is Key ALL DAY 	26 12:15 PM Check-in/Goals 1:25 PM IPS 	27 12 PM Community Potluck 1 PM Community Mtg	28 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	29 12 PM Behaviors, Habits & Interactions 2 PM WRAP	30 12 PM Discussion relating to IPS 2 PM Check-out	31 12 PM Art Wellness 2 PM Community and Personal Healing 