





# Stepping Stone—May 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
* denotes date or time change	1 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	2 12 PM Community Potluck 1 PM Community Mtg	3 12 PM Behaviors, Habits & Interactions 2 PM WRAP	4 12 PM Discussion relating to IPS 2 PM Check-out 2 PM Walking Group	5 12:15 PM Check-in/Goals 1:25 PM IPS 3:30 PM Karaoke	6 11:30 AM Happiness is Key 1 PM Community and Personal Healing
7 Art Wellness ALL DAY	8 12 PM Continuous Growth 1:30 PM News & Stories that Inspire  9:30-11:30 AM Newsletter Workgroup	9 12 PM Community Potluck 1 PM Community Mtg	10 12 PM Behaviors, Habits & Interactions 2 PM WRAP	11 12 PM Discussion relating to IPS 2 PM Check-out	12 12:15 PM Check-in/Goals 1:25 PM IPS	13 11:30 AM Happiness is Key 1 PM Community and Personal Healing
14 Art Wellness ALL DAY  Happy Mother's Day!	15 12 PM Continuous Growth 1:30 PM News & Stories that Inspire	16 12 PM Community Potluck 1 PM Community Mtg  10 AM Consumer Council 1 PM Educational Event: DRC Peer Support Open House	17 12 PM Behaviors, Habits & Interactions 2 PM WRAP	18 12 PM Discussion relating to IPS 2 PM Check-out 2 PM Walking Group	19 12:15 PM Check-in/Goals 1:25 PM IPS 3:30 PM Karaoke  	20 11:30 AM Happiness is Key 1 PM Community and Personal Healing  12-2 PM Ben & Jerry's Tour Waterbury, VT. 
21 Art Wellness ALL DAY	22 12 PM Continuous Growth 1:30 PM News & Stories that Inspire  1 PM Arbor View	23 12 PM Community Potluck 1 PM Community Mtg	24 12 PM Behaviors, Habits & Interactions 2 PM WRAP  3:30 PM Board Mtg @ NS	25 12 PM Discussion relating to IPS 2 PM Check-out	26 12:15 PM Check-in/Goals 1:25 PM IPS	27 11:30 AM Happiness is Key 1 PM Community and Personal Healing
28 Art Wellness ALL DAY	29 12 PM Continuous Growth 1:30 PM News & Stories that Inspire  12-3 PM Memorial cookout  	30 12 PM Community Potluck 1 PM Community Mtg	31 12 PM Behaviors, Habits & Interactions 2 PM WRAP	 <b>MENTAL HEALTH AWARENESS MONTH</b>		