



# Stepping Stone—July 2017

| Sun   | Mon   | Tue   | Wed   | Thu  | Fri  | Sat  |
|---|---|---|---|--|--|--|
| * denotes date or time change                         |   |   |   |  |  | 1<br>11:30 AM Happiness is Key<br>1 PM Check-in/Goals  |
| 2<br>11 AM -1:30 PM<br>Art Wellness                   | 3<br>12 PM Continuous Growth<br>1:30 PM News & Stories that Inspire   | 4<br>12 PM Community Potluck<br>1 PM Community Mtg<br><br>12-3 PM Cookout @ SS | 5<br>12 PM Behaviors, Habits & Interactions<br>2 PM WRAP                                | 6<br>12 PM Discussion relating to IPS<br>2 PM Check-out<br>2 PM Walking Group  | 7<br>12:30 PM IPS<br>2:30 PM Community and Personal Healing<br>3:30 PM Karaoke   | 8<br>11:30 AM Happiness is Key<br>1 PM Check-in/Goals  |
| 9<br>11 AM -1:30 PM<br>Art Wellness                   | 10<br>12 PM Continuous Growth<br>1:30 PM News & Stories that Inspire<br><br>9:30-11:30 AM<br>Newsletter Workgroup | 11<br>12 PM Community Potluck<br>2 PM* Community Mtg<br>1 PM Educational Event:<br>DRC with<br>Julia Freeman-Woolpert   | 12<br>12 PM Behaviors, Habits & Interactions<br>2 PM WRAP                               | 13<br>12 PM Discussion relating to IPS<br>2 PM Check-out                       | 14<br>12:30 PM IPS<br>2:30 PM Community and Personal Healing<br><br>11:30 AM Lake Sunapee<br>Beach, Sunapee  | 15<br>11:30 AM Happiness is Key<br>1 PM Check-in/Goals |
| 16<br>11 AM -1:30 PM<br>Art Wellness                  | 17<br>12 PM Continuous Growth<br>1:30 PM News & Stories that Inspire<br><br>1 PM Arbor View                       | 18<br>12 PM Community Potluck<br>1 PM Community Mtg   | 19<br>12 PM Behaviors, Habits & Interactions<br>2 PM WRAP                               | 20<br>12 PM Discussion relating to IPS<br>2 PM Check-out<br>2 PM Walking Group | 21<br>12:30 PM IPS<br>2:30 PM Community and Personal Healing<br>3:30 PM Karaoke<br> | 22<br>11:30 AM Happiness is Key<br>1 PM Check-in/Goals |
| 23<br>11 AM -1:30 PM<br>Art Wellness                  | 24<br>12 PM Continuous Growth<br>1:30 PM News & Stories that Inspire  | 25<br>12 PM Community Potluck<br>1 PM Community Mtg   | 26<br>12 PM Behaviors, Habits & Interactions<br>2 PM WRAP<br><br>3:30 PM Board Mtg @ SS | 27<br>12 PM Discussion relating to IPS<br>2 PM Check-out                       | 28<br>12:30 PM IPS<br>2:30 PM Community and Personal Healing   | 29<br>11:30 AM Happiness is Key<br>1 PM Check-in/Goals |
| 30<br>11 AM -1:30 PM<br>Art Wellness<br>Scrap Booking | 31<br>12 PM Continuous Growth<br>1:30 PM News & Stories that Inspire  |   |   |  |  |  |