



Stepping Stone—September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
* denotes date or time change					1 12:30 PM IPS 2:30 PM Community and Personal Healing 3:30 PM Karaoke	2 12 PM Continuous Growth 2 PM Check-out
3 11 AM -1:30 PM Art Wellness	4 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire <i>12-2 PM Picnic @ NS</i> LABOR DAY	5 12 PM Community Potluck 1 PM Community Mtg	6 12 PM Behaviors, Habits & Interactions 2 PM WRAP	7 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group	8 12:30 PM IPS 2:30 PM Community and Personal Healing <i>4—9 PM Hampton Beach Seafood Festival</i>	9 12 PM Continuous Growth 2 PM Check-out
10 11 AM -1:30 PM Art Wellness	11 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire <i>9:30-11:30 AM Newsletter Workgroup</i>	12 12 PM Community Potluck 1 PM Community Mtg	13 12 PM Behaviors, Habits & Interactions 2 PM WRAP	14 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	15 12:30 PM IPS 2:30 PM Community and Personal Healing 3:30 PM Karaoke 	16 12 PM Continuous Growth 2 PM Check-out
17 11 AM -1:30 PM Art Wellness	18 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire <i>1 PM Arbor View</i>	19 12 PM Community Potluck 1 PM Community Mtg <i>10 AM Consumer Council</i>	20 12 PM Behaviors, Habits & Interactions 2 PM WRAP	21 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group	22 12:30 PM IPS 2:30 PM Community and Personal Healing 	23 12 PM Continuous Growth 2 PM Check-out
24 11 AM -1:30 PM Art Wellness	25 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire	26 12 PM Community Potluck 1 PM Community Mtg	27 12 PM Behaviors, Habits & Interactions 2 PM WRAP <i>Educational Event: 3:30-5 PM Annual Board Meeting & Member policies approval</i>	28 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	29 12:30 PM IPS 2:30 PM Community and Personal Healing	30 12 PM Continuous Growth 2 PM Check-out