






Stepping Stone—December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 12:30 PM IPS 2:30 PM Community and Personal Healing 3:30 PM Karaoke	2 12 PM Continuous Growth 2 PM Check-out
3 11 AM -1:30 PM Art Wellness	4 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire	5 12 PM Community Potluck 1 PM Community Mtg	6 12 PM Behaviors, Habits & Interactions 2 PM WRAP	7 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	8 12:30 PM IPS 2:30 PM Community and Personal Healing	9 12 PM Continuous Growth 2 PM Check-out
10 11 AM -1:30 PM Art Wellness	11 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire <i>9:30-11:30 AM Newsletter Workgroup 1 PM Arbor View/Holiday Party</i>	12 12 PM Community Potluck 1 PM Community Mtg Happy Hanukkah 	13 12 PM Behaviors, Habits & Interactions 2 PM WRAP <i>1 PM Educational Event: Diabetes with Gretchen Stokes @ NS</i>	14 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	15 12:30 PM IPS 2:30 PM Community and Personal Healing 3:30 PM Karaoke <i>1-3PM @ SS Pizza & Holiday Party</i>  	16 12 PM Continuous Growth 2 PM Check-out
17 11 AM -1:30 PM Art Wellness	18 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire	19 12 PM Community Potluck 1 PM Community Mtg	20 12 PM Behaviors, Habits & Interactions 2 PM WRAP	21 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS Happy  First Day of Winter	22 12:30 PM IPS 2:30 PM Community and Personal Healing	23 12 PM Continuous Growth 2 PM Check-out
24 11 AM -1:30 PM Art Wellness	25 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire MERRY CHRISTMAS 	26 12 PM Community Potluck 1 PM Community Mtg	27 12 PM Behaviors, Habits & Interactions 2 PM WRAP	28 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	29 12:30 PM IPS 2:30 PM Community and Personal Healing	30 12 PM Continuous Growth 2 PM Check-out
31 11 AM -1:30 PM Art Wellness					<i>* denotes date or time change</i>	