




# Stepping Stone—January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire 	2 12 PM Community Potluck 1 PM Community Mtg	3 12 PM Behaviors, Habits & Interactions 2 PM WRAP	4 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	5 12:30 PM IPS 2:30 PM Community and Personal Healing 3:30 PM Karaoke	6 12 PM Continuous Growth 2 PM Check-out
7 11 AM-1:30 PM Art Wellness	8 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire  <i>9:30-11:30 AM                      Newsletter Workgroup</i>	9 12 PM Community Potluck 1 PM Community Mtg	10 12 PM Behaviors, Habits & Interactions 2 PM WRAP  <i>3:30 PM Board Mtg @ NS</i>	11 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	12 12:30 PM IPS 2:30 PM Community and Personal Healing	13 12 PM Continuous Growth 2 PM Check-out
14 11 AM-1:30 PM Art Wellness	15 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire 	16 12 PM Community Potluck 1 PM Community Mtg  <i>10 AM Consumer Council</i>	17 12 PM Behaviors, Habits & Interactions 2 PM WRAP	18 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	19 12:30 PM IPS 2:30 PM Community and Personal Healing 3:30 PM Karaoke 	20 12 PM Continuous Growth 2 PM Check-out
21 11 AM-1:30 PM Art Wellness	22 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire  <i>1 PM Arbor View</i>	23 12 PM Community Potluck 2 PM* Community Mtg  <i>1 PM Educational Event:                      What is Peer Respite?                      with Mark &amp; Shanon</i>	24 12 PM Behaviors, Habits & Interactions 2 PM WRAP	25 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS  <i>12-2 PM Imperial Buffet                      Claremont</i>	26 12:30 PM IPS 2:30 PM Community and Personal Healing	27 12 PM Continuous Growth 2 PM Check-out
28 11 AM-1:30 PM Art Wellness	29 12 PM Check-in/Goals 1:30 PM News & Stories that Inspire	30 12 PM Community Potluck 1 PM Community Mtg	31 12 PM Behaviors, Habits & Interactions 2 PM WRAP		* denotes date or time change	