




# Stepping Stone—April 2018

| Sun  | Mon  | Tue   | Wed  | Thu  | Fri  | Sat   |
|--|--|---|--|--|--|---|
| 1<br>11 AM-1:30 PM<br>Art Wellness<br>    | 2<br>12 PM IPS<br>1:30 PM Music that<br>soothes the soul   | 3<br>12 PM Community<br>Potluck<br>1 PM Community Mtg   | 4<br>12 PM Behaviors, Habits<br>& Interactions<br>2 PM WRAP  | 5<br>11:30 AM Discussion<br>relating to IPS<br>1:30 PM Happiness is<br>Key   | 6<br>2 PM Check-in/Goals<br>3:30 PM Karaoke<br>4:30 PM Community and<br>Personal Healing   | 7<br>12:30 PM Continuous<br>Growth<br>2 PM Check-out  |
| 8<br>11 AM-1:30 PM<br>Art Wellness   | 9<br>12 PM IPS<br>1:30 PM Music that<br>soothes the soul<br><br><i>9:30-11:30 AM<br/>                     Newsletter Workgroup</i> | 10<br>12 PM Community<br>Potluck<br>1 PM Community Mtg  | 11<br>12 PM Behaviors, Habits<br>& Interactions<br>2 PM WRAP | 12<br>11:30 AM Discussion<br>relating to IPS<br>1:30 PM Happiness is<br>Key  | 13<br>2 PM Check-in/Goals<br>4:30 PM Community and<br>Personal Healing   | 14<br>12:30 PM Continuous<br>Growth<br>2 PM Check-out |
| <b>NATIONAL VOLUNTEER WEEK</b>   |  |   |  |  |  |   |
| 15<br>11 AM-1:30 PM<br>Art Wellness  | 16<br>12 PM IPS<br>1:30 PM Music that<br>soothes the soul<br><br><i>1 PM Arbor View</i>  | 17<br>12 PM Community<br>Potluck<br>1 PM Community Mtg<br><br><i>10 AM Consumer Council</i>   | 18<br>12 PM Behaviors, Habits<br>& Interactions<br>2 PM WRAP | 19<br>11:30 AM Discussion<br>relating to IPS<br>1:30 PM Happiness is<br>Key  | 20<br>2 PM Check-in/Goals<br>3:30 PM Karaoke<br>4:30 PM Community and<br>Personal Healing<br><br><i>2 PM Volunteer Recognition</i>  | 21<br>12:30 PM Continuous<br>Growth<br>2 PM Check-out |
| 22<br>11 AM-1:30 PM<br>Art Wellness<br> | 23<br>12 PM IPS<br>1:30 PM Music that<br>soothes the soul  | 24<br>12 PM Community<br>Potluck<br>2 PM* Community Mtg<br><br><i>1 PM Educational Event:<br/>                     Mutuality w/Theresa<br/>                     Partridge</i> | 25<br>12 PM Behaviors, Habits<br>& Interactions<br>2 PM WRAP | 26<br>11:30 AM Discussion<br>relating to IPS<br>1:30 PM Happiness is<br>Key<br><br><i>12-3 PM Picnic @ Moody<br/>                     Park</i> | 27<br>2PM Check-in/Goals<br>4:30 PM Community and<br>Personal Healing  | 28<br>12:30 PM Continuous<br>Growth<br>2 PM Check-out |
| 29<br>11 AM-1:30 PM<br>Art Wellness  | 30<br>12 PM IPS<br>1:30 PM Music that<br>soothes the soul  |   |  | <i>* denotes date or time change</i>   |  |   |