



Stepping Stone—July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 11 AM-1:30 PM Art Wellness	2 12 PM IPS 1:30 PM Music that soothes the soul	3 12 PM Community Potluck 1 PM Community Mtg	4 12 PM Behaviors, Habits & Interactions 2 PM WRAP 	5 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key 2 PM Walking Group	6 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Community and Personal Healing	7 12:30 PM Continuous Growth 2 PM Check-out
8 11 AM-1:30 PM Art Wellness	9 12 PM IPS 1:30 PM Music that soothes the soul <i>9:30-11:30 AM Newsletter Workgroup</i>	10 12 PM Community Potluck 1 PM Community Mtg	11 12 PM Behaviors, Habits & Interactions 2 PM WRAP <i>QI Review all day @ SS 3:30 PM Board Mtg @ SS</i>	12 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key <i>4:30-6 PM WRAP® Workshop @ SS</i>	13 2 PM Check-in/Goals 4:30 PM Community and Personal Healing	14 12:30 PM Continuous Growth 2 PM Check-out
15 11 AM-1:30 PM Art Wellness	16 12 PM IPS 1:30 PM Music that soothes the soul	17 12 PM Community Potluck 1 PM Community Mtg	18 12 PM Behaviors, Habits & Interactions 2 PM WRAP	19 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key 2 PM Walking Group <i>4:30-6 PM WRAP® Workshop @ SS</i>	20 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Community and Personal Healing 	21 12:30 PM Continuous Growth 2 PM Check-out
22 11 AM-1:30 PM Art Wellness	23 12 PM IPS 1:30 PM Music that soothes the soul	24 12 PM Community Potluck 1 PM Community Mtg	25 12 PM Behaviors, Habits & Interactions 2 PM WRAP	26 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key <i>4:30-6 PM WRAP® Workshop @ SS</i>	27 2PM Check-in/Goals 4:30 PM Community and Personal Healing	28 12:30 PM Continuous Growth 2 PM Check-out
29 11 AM-1:30 PM Art Wellness	30 12 PM IPS 1:30 PM Music that soothes the soul <i>1 PM Arbor View</i>	31 12 PM Community Potluck 1 PM Community Mtg			<i>Trip: Fairlee, VT drive-in Date TBA</i> <i>Educational Event: TBA</i> <i>* denotes date or time change</i>	