


# Stepping Stone—August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
* denotes date or time change			1 12 PM Behaviors, Habits & Interactions 2 PM WRAP	2 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key 2 PM Walking Group	3 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Community and Personal Healing	4 12:30 PM Continuous Growth 2 PM Check-out
5 11 AM-1:30 PM Art Wellness	6 12 PM IPS 1:30 PM Music that soothes the soul	7 12 PM Community Potluck 1 PM Community Mtg	8 12 PM Behaviors, Habits & Interactions 2 PM WRAP	9 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key	10 2 PM Check-in/Goals 4:30 PM Community and Personal Healing	11 12:30 PM Continuous Growth 2 PM Check-out
12 11 AM-1:30 PM Art Wellness	13 12 PM IPS 1:30 PM Music that soothes the soul  9:30-11:30 AM Newsletter Workgroup	14 12 PM Community Potluck 2 PM* Community Mtg  1 PM Educational Event: Advocacy w/ Aly McKnight & Pedro Altagracia	15 12 PM Behaviors, Habits & Interactions 2 PM WRAP	16 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key 2 PM Walking Group 4-5:30 PM Strategic Planning Members Focus Group	17 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Community and Personal Healing  2-6 PM Cornish Fair 	18 12:30 PM Continuous Growth 2 PM Check-out
19 11 AM-1:30 PM Art Wellness	20 12 PM IPS 1:30 PM Music that soothes the soul	21 12 PM Community Potluck 1 PM Community Mtg  10 AM Consumer Council	22 12 PM Behaviors, Habits & Interactions 2 PM WRAP	23 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key	24 2 PM Check-in/Goals 4:30 PM Community and Personal Healing	25 12:30 PM Continuous Growth 2 PM Check-out
26 11 AM-1:30 PM Art Wellness	27 12 PM IPS 1:30 PM Music that soothes the soul  1 PM Arbor View	28 12 PM Community Potluck 1 PM Community Mtg	29 12 PM Behaviors, Habits & Interactions 2 PM WRAP	30 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key	31 2 PM Check-in/Goals 4:30 PM Community and Personal Healing	