



# Next Step—October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	2 12:30 PM WRAP 2:30 PM IPS	3 12 PM Community Potluck 1 PM Community Meeting	4 12 PM Check-in 2 PM Art Wellness  WE CLOSE AT 4 PM TODAY	5 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	6 1 PM Empathy Group 2:30 PM Community Healing
<b>MENTAL ILLNESS AWARENESS WEEK</b>						
7 Closed	8 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness  	9 12:30 PM WRAP 2:30 PM IPS  9:30-11:30 AM Newsletter Workgroup @ SS	10 12 PM Community Potluck 1 PM Community Meeting	11 12 PM Check-in 2 PM Art Wellness  4:30-6 PM WRAP® Workshop @ SS	12 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	13 1 PM Empathy Group 2:30 PM Community Healing
14 Closed	15 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness  1 PM Arbor View	16 12:30 PM WRAP 2:30 PM IPS  10 AM Consumer Council	17 12 PM Community Potluck 1 PM Community Meeting	18 12 PM Check-in 2 PM Art Wellness  4:30-6 PM WRAP® Workshop @ SS	19 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	20 1 PM Empathy Group 2:30 PM Community Healing
21 Closed	22 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	23 12:30 PM WRAP 2:30 PM IPS	24 12 PM Community Potluck 2 PM* Community Meeting  1 PM Educational Event: SNAP w/Lynne Lorensen @ NS	25 12 PM Check-in 2 PM Art Wellness  4:30-6 PM WRAP® Workshop @ SS	26 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	27 1 PM Empathy Group 2:30 PM Community Healing
28 Closed	29 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	30 12:30 PM WRAP 2:30 PM IPS	31  12 PM Community Potluck 1 PM Community Meeting  7-8:30 PM Haunted Footsteps Ghost Tour Salem Mass.			* denotes date or time change