





Next Step—November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 12 PM Check-in 2 PM Art Wellness <i>4:30-6 PM WRAP® Workshop @ SS</i>	2 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	3 1 PM Empathy Group 2:30 PM Community Healing
4 Closed 	5 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness <i>1 PM Arbor View</i>	6 12:30 PM WRAP 2:30 PM IPS 	7 12 PM Community Potluck 1 PM Community Meeting	8 12 PM Check-in 2 PM Art Wellness <i>4:30-6 PM WRAP® Workshop @ SS</i>	9 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	10 1 PM Empathy Group 2:30 PM Community Healing
11 Closed 	12 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	13 12:30 PM WRAP 2:30 PM IPS <i>9:30-11:30 AM Newsletter Workgroup @ SS</i> <i>2 PM Thanksgiving Dinner @ SS</i>	14 12 PM Community Potluck 1 PM Community Meeting <i>3:30 PM Board Mtg @ SS</i>	15 12 PM Check-in 2 PM Art Wellness <i>4:30-6 PM WRAP® Workshop @ SS</i>	16 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	17 1 PM Empathy Group 2:30 PM Community Healing
18 Closed	19 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	20 12:30 PM WRAP 2:30 PM IPS <i>10 AM Consumer Council</i>	21 12 PM Community Potluck 1 PM Community Meeting	22 CLOSED 	23 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	24 1 PM Empathy Group 2:30 PM Community Healing
25 Closed	26 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	27 12:30 PM WRAP 2:30 PM IPS	28 12 PM Community Potluck 2 PM* Community Meeting <i>1 PM Educational Event: First Aid w/Martha Hewitt</i>	29 12 PM Check-in 2 PM Art Wellness <i>10AM-4PM Mall of NH</i>	30 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	* denotes date or time change