




# Stepping Stone—December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 12:30 PM Continuous Growth 2 PM Check-out
* denotes date or time change						
2 11 AM-1:30 PM Art Wellness  	3 12 PM IPS 1:30 PM Music that soothes the soul  8:30 AM-3 PM PSA Conference	4 12 PM Community Potluck 1 PM Community Mtg 12 PM Educational Event: <i>What is our Mission?</i> Facilitated by Susan Seidler	5 12 PM Behaviors, Habits & Interactions 2 PM WRAP	6 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key 2 PM Walking Group	7 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Community and Personal Healing	8 12:30 PM Continuous Growth 2 PM Check-out
9 11 AM-1:30 PM Art Wellness	10 12 PM IPS 1:30 PM Music that soothes the soul  9:30-11:30 AM Newsletter Workgroup  1 PM Arbor View	11 12 PM Community Potluck 1 PM Community Mtg	12 12 PM Behaviors, Habits & Interactions 2 PM WRAP	13 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key	14 2 PM Check-in/Goals 4:30 PM Community and Personal Healing	15 12:30 PM Continuous Growth 2 PM Check-out
16 11 AM-1:30 PM Art Wellness	17 12 PM IPS 1:30 PM Music that soothes the soul	18 12 PM Community Potluck 1 PM Community Mtg	19 12 PM Behaviors, Habits & Interactions 2 PM WRAP	20 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key 2 PM Walking Group	21 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Community and Personal Healing  	22 12:30 PM Continuous Growth 2 PM Check-out  6-7 PM Christmas Lights at La Salette
23 11 AM-1:30 PM Art Wellness	24 12 PM IPS 1:30 PM Music that soothes the soul	25  Closed  	26 12 PM Behaviors, Habits & Interactions 2 PM WRAP	27 11:30 AM Discussion relating to IPS 1:30 PM Happiness is Key	28 2 PM Check-in/Goals 4:30 PM Community and Personal Healing	29 12:30 PM Continuous Growth 2 PM Check-out
30 11 AM-1:30 PM Art Wellness	31 12 PM IPS 1:30 PM Music that soothes the soul					