



Next Step—January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	* denotes date or time change	1 Closed 	2 12 PM Community Potluck 1 PM Community Meeting	3 12 PM Check-in 2 PM Art Wellness	4 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	5 1 PM Empathy Group 2:30 PM Community Healing
6 Closed	7 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	8 12:30 PM WRAP 2:30 PM IPS	9 12 PM Community Potluck 1 PM Community Meeting 3:30 PM Board Mtg @ NS	10 12 PM Check-in 2 PM Art Wellness	11 Closed for Staff Training	12 1 PM Empathy Group 2:30 PM Community Healing
13 Closed	14 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness 9:30-11:30 AM Newsletter Workgroup @ SS 1 PM Arbor View	15 12:30 PM WRAP 2:30 PM IPS 10 AM Consumer Council	16 12 PM Community Potluck 1 PM Community Meeting 1-3 PM Vt. Institute of Natural Science	17 12 PM Check-in 2 PM Art Wellness	18 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	19 1 PM Empathy Group 2:30 PM Community Healing
20 Closed	21 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness 	22 12:30 PM WRAP 2:30 PM IPS	23 12 PM Community Potluck 2 PM* Community Meeting 1 PM Educational Event: West Central Behavioral Health with Suellen Griffin	24 12 PM Check-in 2 PM Art Wellness	25 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	26 1 PM Empathy Group 2:30 PM Community Healing
27 Closed	28 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	29 12:30 PM WRAP 2:30 PM IPS	30 12 PM Community Potluck 1 PM Community Meeting	31 12 PM Check-in 2 PM Art Wellness		