



# Stepping Stone—February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
* denotes date or time change					1 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Community and Personal Healing	2 12:30 PM Continuous Growth 2 PM Check-out
3 11 AM-1:30 PM Art Wellness	4 12 PM IPS 1:30 PM Music that soothes the soul	5 12 PM Community Potluck 1 PM Community Mtg	6 12 PM Behaviors, Habits & Interactions 2 PM WRAP	7 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group	8 Closed for staff training	9 12:30 PM Continuous Growth 2 PM Check-out
10 11 AM-1:30 PM Art Wellness	11 12 PM IPS 1:30 PM Music that soothes the soul  9:30-11:30 AM Newsletter Workgroup  1 PM Arbor View	12 12 PM Community Potluck 1 PM Community Mtg	13 12 PM Behaviors, Habits & Interactions 2 PM WRAP	14 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS  <b>HAPPY VALENTINE'S DAY</b> ♥	15 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Community and Personal Healing  	16 Closed for staff training
17 11 AM-1:30 PM Art Wellness	18 12 PM IPS 1:30 PM Music that soothes the soul  	19 12 PM Community Potluck 1 PM Community Mtg  10 AM Consumer Council	20 12 PM Behaviors, Habits & Interactions 2 PM WRAP  12-2 PM Imperial Buffet Claremont	21 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group	22 2 PM Check-in/Goals 4:30 PM Community and Personal Healing	23 12:30 PM Continuous Growth 2 PM Check-out
24 11 AM-1:30 PM Art Wellness	25 12 PM IPS 1:30 PM Music that soothes the soul	26 12 PM Community Potluck 1 PM Community Mtg	27 12 PM Behaviors, Habits & Interactions 2 PM WRAP  11 AM Educational Event: HIV/HCV with Laura Byrne @ NS	28 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS		