




Next Step—March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	* denotes date or time change				1 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	2 1 PM Empathy Group 2:30 PM Community Healing
3 Closed	4 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	5 12:30 PM WRAP 2:30 PM IPS <i>1 PM Mission Statement Mrg w/Susan Seidler @ SS</i>	6 12 PM Community Potluck 1 PM Community Meeting	7 12 PM Check-in 2 PM Art Wellness	8 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	9 1 PM Empathy Group 2:30 PM Community Healing <i>NAMI NH Annual Conference Concord</i>
10 Closed 	11 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness <i>9:30-11:30 AM Newsletter Workgroup @ SS 1 PM Arbor View</i>	12 12:30 PM WRAP 2:30 PM IPS	13 12 PM Community Potluck 2 PM* Community Meeting <i>1 PM Educational Event: Grievance, Suspension & Re-entry w/Susan Seidler 3:30 PM Board Mtg @ NS</i>	14 12 PM Check-in 2 PM Art Wellness	15 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	16 1 PM Empathy Group 2:30 PM Community Healing
17 Closed 	18 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	19 12:30 PM WRAP 2:30 PM IPS <i>10 AM Consumer Council</i>	20 12 PM Community Potluck 1 PM Community Meeting 	21 12 PM Check-in 2 PM Art Wellness <i>12-2 PM Ice Cream Social @ NS</i>	22 Closed for staff training	23 1 PM Empathy Group 2:30 PM Community Healing
24 Closed	25 12:30 PM Patterns, Behaviors & Relationships 3 PM Expression for Wellness	26 12:30 PM WRAP 2:30 PM IPS	27 12 PM Community Potluck 1 PM Community Meeting	28 12 PM Check-in 2 PM Art Wellness	29 12:30 PM Life Goals 2:30 PM Inspirational True Life Experiences	30 1 PM Empathy Group 2:30 PM Community Healing
31 Closed						