





# Stepping Stone—March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Community and Personal Healing	2 12:30 PM Continuous Growth 2 PM Check-out
<i>* denotes date or time change</i>						
3 11 AM-1:30 PM Art Wellness	4 12 PM IPS 1:30 PM Music that soothes the soul	5 12 PM Community Potluck 2 PM* Community Mtg  <i>1 PM Mission Statement Mrg w/Susan Seidler @ SS</i>	6 12 PM Behaviors, Habits & Interactions 2 PM WRAP	7 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group	8 2 PM Check-in/Goals 4:30 PM Community and Personal Healing	9 12:30 PM Continuous Growth 2 PM Check-out  <i>NAMI NH Annual Conference Concord</i>
10 11 AM-1:30 PM Art Wellness  	11 12 PM IPS 1:30 PM Music that soothes the soul <i>9:30-11:30 AM Newsletter Workgroup</i> <i>1 PM Arbor View</i>	12 12 PM Community Potluck 2 PM* Community Mtg <i>1 PM Educational Event: Grievance, Suspension &amp; Re-entry w/Susan Seidler</i>	13 12 PM Behaviors, Habits & Interactions 2 PM WRAP  <i>3:30 PM Board Mtg @ NS</i>	14 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	15 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Community and Personal Healing  	16 12:30 PM Continuous Growth 2 PM Check-out
17 11 AM-1:30 PM Art Wellness  	18 12 PM IPS 1:30 PM Music that soothes the soul	19 12 PM Community Potluck 1 PM Community Mtg  <i>10 AM Consumer Council</i>	20 12 PM Behaviors, Habits & Interactions 2 PM WRAP  	21 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group <i>12-2 PM Ice Cream Social @ NS</i>	22  Closed for staff training	23 12:30 PM Continuous Growth 2 PM Check-out
24 11 AM-1:30 PM Art Wellness	25 12 PM IPS 1:30 PM Music that soothes the soul	26 12 PM Community Potluck 1 PM Community Mtg	27 12 PM Behaviors, Habits & Interactions 2 PM WRAP	28 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	29 2 PM Check-in/Goals 4:30 PM Community and Personal Healing	30 12:30 PM Continuous Growth 2 PM Check-out
31 11 AM-1:30 PM Art Wellness						