




# Stepping Stone—April 2019

| Sun   | Mon   | Tue   | Wed   | Thu   | Fri   | Sat  |
|---|---|---|---|---|---|--|
|   | 1<br>12 PM IPS<br>1:30 PM Music that soothes the soul<br>    | 2<br>12 PM Community Potluck<br>1 PM Community Mtg  | 3<br>12 PM Behaviors, Habits & Interactions<br>2 PM WRAP  | 4<br>11:30 AM Happiness is Key<br>1:30 PM Discussion relating to IPS<br>2 PM Walking Group  | 5<br>2 PM Check-in/Goals<br>3:30 PM Karaoke<br>4:30 PM Art Wellness   | 6<br>12:30 PM Continuous Growth<br>2 PM Check-out  |
| <b>NATIONAL VOLUNTEER WEEK</b>  |   |   |   |   |   |  |
| 7<br>11:30 AM Creative Cooking<br>1 PM Community and Personal Healing   | 8<br>12 PM IPS<br>1:30 PM Music that soothes the soul<br>9:30-11:30 AM Newsletter Workgroup<br>11 AM Volunteer Recognition<br>1 PM Arbor View | 9<br>12 PM Community Potluck<br>1 PM Community Mtg  | 10<br>12 PM Behaviors, Habits & Interactions<br>2 PM WRAP | 11<br>11:30 AM Happiness is Key<br>1:30 PM Discussion relating to IPS                       | 12<br>2 PM Check-in/Goals<br>4:30 PM Art Wellness   | 13<br>12:30 PM Continuous Growth<br>2 PM Check-out |
| 14<br>11:30 AM Creative Cooking<br>1 PM Community and Personal Healing  | 15<br>12 PM IPS<br>1:30 PM Music that soothes the soul<br>11 AM—1 PM Bowling @ Claremont  | 16<br>12 PM Community Potluck<br>2 PM* Community Mtg<br>8:30 AM Advocacy Committee<br>10 AM Consumer Council<br>1 PM Educational Event: Grief with Nancy Beaudoin | 17<br>12 PM Behaviors, Habits & Interactions<br>2 PM WRAP | 18<br>11:30 AM Happiness is Key<br>1:30 PM Discussion relating to IPS<br>2 PM Walking Group | 19<br>2 PM Check-in/Goals<br>3:30 PM Karaoke<br>4:30 PM Art Wellness<br> | 20<br>12:30 PM Continuous Growth<br>2 PM Check-out |
| 21<br>11:30 AM Creative Cooking<br>1 PM Community and Personal Healing<br> | 22<br>Closed for staff training   | 23<br>12 PM Community Potluck<br>1 PM Community Mtg   | 24<br>Closed for staff training                           | 25<br>Closed for staff training   | 26<br>Closed for staff training   | 27<br>12:30 PM Continuous Growth<br>2 PM Check-out |
| 28<br>11:30 AM Creative Cooking<br>1 PM Community and Personal Healing  | 29<br>12 PM IPS<br>1:30 PM Music that soothes the soul  | 30<br>12 PM Community Potluck<br>1 PM Community Mtg   |   |   | * denotes date or time change   |  |