





Stepping Stone—May 2019

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|---|---|---|--|
|  | | | 1 12 PM Behaviors, Habits & Interactions 2 PM WRAP | 2 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group | 3 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Art Wellness | 4 12:30 PM Continuous Growth 2 PM Check-out |
| 5 11:30 AM Creative Cooking 1 PM Community and Personal Healing | 6 12 PM IPS 1:30 PM Music that soothes the soul <i>9:30-11:30 AM Newsletter Workgroup</i> <i>1 PM Arbor View</i> | 7 12 PM Community Potluck 1 PM Community Mtg | 8 12 PM Behaviors, Habits & Interactions 2 PM WRAP <i>3:30 PM Board Mtg @ NS</i> | 9 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS | 10 2 PM Check-in/Goals 4:30 PM Art Wellness | 11 12:30 PM Continuous Growth 2 PM Check-out |
| 12 11:30 AM Creative Cooking 1 PM Community and Personal Healing  | 13 12 PM IPS 1:30 PM Music that soothes the soul | 14 12 PM Community Potluck 2 PM* Community Mtg <i>1 PM Educational Event: Headrest with Cameron Ford</i> 2 PM Trips & Events Brainstorm @ SS | 15 12 PM Behaviors, Habits & Interactions 2 PM WRAP | 16 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group | 17 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Art Wellness  | 18 12:30 PM Continuous Growth 2 PM Check-out |
| 19 11:30 AM Creative Cooking 1 PM Community and Personal Healing | 20 12 PM IPS 1:30 PM Music that soothes the soul | 21 12 PM Community Potluck 1 PM Community Mtg <i>8:30 AM Advocacy Committee</i> <i>10 AM Consumer Council</i> | 22 12 PM Behaviors, Habits & Interactions 2 PM WRAP | 23 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS | 24 2 PM Check-in/Goals 4:30 PM Art Wellness <i>3-5 PM Fore-U Mini Golf @ Lebanon</i> | 25 12:30 PM Continuous Growth 2 PM Check-out |
| 26 11:30 AM Creative Cooking 1 PM Community and Personal Healing | 27 12 PM IPS 1:30 PM Music that soothes the soul  | 28 12 PM Community Potluck 1 PM Community Mtg <i>12-3 PM Memorial Day Cookout</i> | 29 12 PM Behaviors, Habits & Interactions 2 PM WRAP | 30 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS | 31 2 PM Check-in/Goals 4:30 PM Art Wellness | * denotes date or time change |