



Stepping Stone—July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12 PM IPS 1:30 PM Music that soothes the soul	2 12 PM Community Potluck 1 PM Community Mtg	3 12 PM Behaviors, Habits & Interactions 2 PM WRAP	4 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group 	5 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Art Wellness	6 12:30 PM Continuous Growth 2 PM Check-out
7 11:30 AM Creative Cooking 1 PM Community and Personal Healing	8 12 PM IPS 1:30 PM Music that soothes the soul <i>9:30-11:30 AM Newsletter Workgroup 1 PM Arbor View</i>	9 12 PM Community Potluck 1 PM Community Mtg	10 12 PM Behaviors, Habits & Interactions 2 PM WRAP <i>3:30 PM Board Mtg @ NS</i>	11 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	12 2 PM Check-in/Goals 4:30 PM Art Wellness	13 12:30 PM Continuous Growth 2 PM Check-out
14 11:30 AM Creative Cooking 1 PM Community and Personal Healing	15 12 PM IPS 1:30 PM Music that soothes the soul	16 12 PM Community Potluck 1 PM Community Mtg	17 12 PM Behaviors, Habits & Interactions 2 PM WRAP	18 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group	19 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Art Wellness 	20 12:30 PM Continuous Growth 2 PM Check-out <i>12-2PM Picnic—Claremont</i>
21 11:30 AM Creative Cooking 1 PM Community and Personal Healing	22 12 PM IPS 1:30 PM Music that soothes the soul	23 12 PM Community Potluck 1 PM Community Mtg	24 12 PM Behaviors, Habits & Interactions 2 PM WRAP	25 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	26 2 PM Check-in/Goals 4:30 PM Art Wellness	27 12:30 PM Continuous Growth 2 PM Check-out
28 11:30 AM Creative Cooking 1 PM Community and Personal Healing	29 12 PM IPS 1:30 PM Music that soothes the soul	30 12 PM Community Potluck 1 PM Community Mtg <i>1 PM Educational Event: DRC w/Stephanie Patrick</i>	31 12 PM Behaviors, Habits & Interactions 2 PM WRAP		<i>* denotes date or time change</i>	