



# Stepping Stone—August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>* denotes date or time change</i></p> <p><i>Educational Event: TBA</i></p>				<p>1 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group</p>	<p>2 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Art Wellness</p>	<p>3 12:30 PM Continuous Growth 2 PM Check-out</p>
<p>4 11:30 AM Creative Cooking 1 PM Community and Personal Healing</p>	<p>5 12 PM IPS 1:30 PM Music that soothes the soul</p>	<p>6 12 PM Community Potluck 1 PM Community Mtg</p>	<p>7 12 PM Behaviors, Habits &amp; Interactions 2 PM WRAP</p>	<p>8 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS</p>	<p>9 2 PM Check-in/Goals 4:30 PM Art Wellness</p>	<p>10 12:30 PM Continuous Growth 2 PM Check-out</p>
<p>11 11:30 AM Creative Cooking 1 PM Community and Personal Healing</p>	<p>12 12 PM IPS 1:30 PM Music that soothes the soul  <i>9:30-11:30 AM Newsletter Workgroup</i>  <i>1 PM Arbor View</i></p>	<p>13 12 PM Community Potluck 1 PM Community Mtg</p>	<p>14 12 PM Behaviors, Habits &amp; Interactions 2 PM WRAP</p>	<p>15 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group</p>	<p>16 2 PM Check-in/Goals 3:30 PM Karaoke 4:30 PM Art Wellness  </p>	<p>17 12:30 PM Continuous Growth 2 PM Check-out  <i>10 AM-2 PM Cornish Fair</i>  </p>
<p>18 11:30 AM Creative Cooking 1 PM Community and Personal Healing</p>	<p>19 12 PM IPS 1:30 PM Music that soothes the soul</p>	<p>20 12 PM Community Potluck 1 PM Community Mtg</p>	<p>21 12 PM Behaviors, Habits &amp; Interactions 2 PM WRAP</p>	<p>22 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS</p>	<p>23 2 PM Check-in/Goals 4:30 PM Art Wellness</p>	<p>24 12:30 PM Continuous Growth 2 PM Check-out</p>
<p>25 11:30 AM Creative Cooking 1 PM Community and Personal Healing</p>	<p>26 12 PM IPS 1:30 PM Music that soothes the soul</p>	<p>27 12 PM Community Potluck 1 PM Community Mtg</p>	<p>28 12 PM Behaviors, Habits &amp; Interactions 2 PM WRAP</p>	<p>29 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS</p>	<p>30 2 PM Check-in/Goals 4:30 PM Art Wellness</p>	<p>31 12:30 PM Continuous Growth 2 PM Check-out</p>