

Stepping Stone—December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 11:30 AM Creative Cooking 1 PM Community and Personal Healing	2 10 AM Music that soothes the soul 12 PM IPS <i>8:30 AM-3 PM PSA Conference</i>	3 12 PM Community Potluck 1 PM Community Mtg	4 12 PM Behaviors, Habits & Interactions 2 PM WRAP	5 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group	6 1 PM Check-in/Goals 3:00 PM Art Wellness 3:30 PM Karaoke	7 12:30 PM Continuous Growth 2 PM Check-out
8 11:30 AM Creative Cooking 1 PM Community and Personal Healing	9 10 AM Music that soothes the soul 12 PM IPS <i>9:30-11:30 AM Newsletter Workgroup</i>	10 12 PM Community Potluck 1 PM Community Mtg	11 12 PM Behaviors, Habits & Interactions 2 PM WRAP	12 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS <i>12-3 PM Holiday Party @ NS</i>	13 1 PM Check-in/Goals 3:00 PM Art Wellness	14 12:30 PM Continuous Growth 2 PM Check-out
15 11:30 AM Creative Cooking 1 PM Community and Personal Healing	16 10 AM Music that soothes the soul 12 PM IPS	17 12 PM Community Potluck 2 PM* Community Mtg <i>1 PM Educational Event: Grief w/Nancy Beaudoin</i>	18 12 PM Behaviors, Habits & Interactions 2 PM WRAP	19 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking Group	20 1 PM Check-in/Goals 3:00 PM Art Wellness 3:30 PM Karaoke 	21 12:30 PM Continuous Growth 2 PM Check-out
22 11:30 AM Creative Cooking 1 PM Community and Personal Healing  <i>Hanukkah begins</i> 	23 10 AM Music that soothes the soul 12 PM IPS <i>1 PM Arbor View</i>	24 12 PM Community Potluck 1 PM Community Mtg 	25 Closed 	26 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS	27 1 PM Check-in/Goals 3:00 PM Art Wellness	28 12:30 PM Continuous Growth 2 PM Check-out
29 11:30 AM Creative Cooking 1 PM Community and Personal Healing	30 10 AM Music that soothes the soul 12 PM IPS	31 12 PM Community Potluck 1 PM Community Mtg	<i>* denotes date or time change</i>			