




Next Step—September 2020

| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
|-------------------------|---|---|--|--|--|--|--|
| | <p><i>* denotes date or time change</i></p> <p>**Subject To be Determined.</p> <p><i>Educational Event: TBD</i></p> <p><i>Until further notice Community Trips and Community Potluck are cancelled</i></p> | <p>1</p> <p>9 AM Check-in via zoom</p> <p>11 AM On-site re-opening Q&A via zoom</p> <p>1:30 PM Let's WRAP! via zoom</p> | <p>2</p> <p>9 AM Check-in via zoom</p> <p>11 AM IPS via zoom</p> <p>1:30 PM Let's WRAP! via zoom</p> | <p>3</p> <p>9 AM Check-in via zoom</p> <p>11 AM IPS via zoom</p> <p>1:30 PM Let's WRAP! via zoom</p> | <p>4</p> <p>9 AM Check-in via zoom</p> <p>11 AM IPS via zoom</p> <p>1:30 PM Let's WRAP! via zoom</p> | <p>5</p> <p>Closed</p> | |
| <p>6</p> <p>Closed</p> | <p>7</p> <p>Closed</p>  | <p>8</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM WRAP</p> <p>2:30 PM IPS</p> <p>3 PM WRAP via zoom</p> | <p>9</p> <p>9 AM Comm and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM Patterns, Behaviors & Relationships</p> <p>1 PM Community Meeting</p> <p>3 PM WRAP via zoom</p> <p>3 PM WHAM</p> <p><i>3:30-5 PM Annual Board Mtg via zoom</i></p> | <p>10</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12 PM Check-in</p> <p>2 PM Art Wellness</p> <p>3 PM WRAP via zoom</p> <p><i>Hunger Action Day</i></p> | <p>11</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM Life Goals</p> <p>1:30 PM Basic Handiwork</p> <p>2:30 PM Inspirational True Life Experiences</p> <p>3 PM WRAP via zoom</p> | <p>12</p> <p>12 PM YouTube Video Discussion</p> <p>1 PM Empathy</p> <p>2:30 PM Community Healing</p> | |
| <p>13</p> <p>Closed</p> | <p>14</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:45 PM Stretching</p> <p>2 PM What's in the Box?</p> <p>3 PM WRAP via zoom</p> <p><i>9:30-11:30 AM Newsletter Workgroup @ SS</i></p> | <p>15</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM WRAP</p> <p>2:30 PM IPS</p> <p>3 PM WRAP via zoom</p> | <p>16</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM Patterns, Behaviors & Relationships</p> <p>1 PM Community Meeting</p> <p>3 PM WRAP via zoom</p> <p>3 PM WHAM</p> | <p>17</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12 PM Check-in</p> <p>2 PM Art Wellness</p> <p>3 PM Walking Group</p> <p>3 PM WRAP via zoom</p> | <p>18</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM Life Goals</p> <p>1:30 PM Basic Handiwork</p> <p>2:30 PM Inspirational True Life Experiences</p> <p>3 PM WRAP via zoom</p> | <p>19</p> <p>12 PM YouTube Video Discussion</p> <p>1 PM Empathy</p> <p>2:30 PM Community Healing</p> | |
| <p>20</p> <p>Closed</p> | <p>21</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>11 AM Walking Group</p> <p>12:45 PM Stretching</p> <p>2 PM What's in the Box?</p> <p>3 PM WRAP via zoom</p> | <p>22</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM WRAP</p> <p>2:30 PM IPS</p> <p>3 PM WRAP via zoom</p>  | <p>23</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM Patterns, Behaviors & Relationships</p> <p>1 PM Community Meeting</p> <p>3 PM WRAP via zoom</p> <p>3 PM WHAM</p> | <p>24</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12 PM Check-in</p> <p>2 PM Art Wellness</p> <p>3 PM WRAP via zoom</p> | <p>25</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM Life Goals</p> <p>1:30 PM Basic Handiwork</p> <p>2:30 PM Inspirational True Life Experiences</p> <p>3 PM WRAP via zoom</p> | <p>26</p> <p>12 PM YouTube Video Discussion</p> <p>1 PM Empathy</p> <p>2:30 PM Community Healing</p> | |
| <p>27</p> <p>Closed</p> | <p>28</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:45 PM Stretching</p> <p>2 PM What's in the Box?</p> <p>3 PM WRAP via zoom</p> | <p>29</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM WRAP</p> <p>2:30 PM IPS</p> <p>3 PM WRAP via zoom</p> | <p>30</p> <p>9 AM Community and Personal Healing via zoom</p> <p>11 AM Virtual group **</p> <p>12:30 PM Patterns, Behaviors & Relationships</p> <p>1 PM Community Meeting</p> <p>3 PM WRAP via zoom</p> |  <p>HUNGER ACTION MONTH</p> | | | |