



Stepping Stone—September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Until further notice Community Trips and Community Potluck are cancelled</i></p>	<p><i>* denotes date or time change **Subject To be Determined. Educational Event: TBD</i></p>	<p>1 9 AM Check-in via zoom 11 AM On-site re-opening Q&A via zoom 1:30 PM Let's WRAP! via zoom</p>	<p>2 9 AM Check-in via zoom 11 AM IPS via zoom 1:30 PM Let's WRAP! via zoom</p>	<p>3 9 AM Check-in via zoom 11 AM IPS via zoom 1:30 PM Let's WRAP! via zoom</p>	<p>4 9 AM Check-in via zoom 11 AM IPS via zoom 1:30 PM Let's WRAP! via zoom</p>	<p>5 CLOSED</p>
<p>6 CLOSED</p>	<p>7 CLOSED </p>	<p>8 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 12:45 PM Stretching 1 PM Community Mtg 3 PM WRAP via zoom</p>	<p>9 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 11 AM Cross-stitch 12 PM Behaviors, Habits & Interactions 3 PM WRAP via zoom <i>3:30-5 PM Annual Board Mtg via zoom</i></p>	<p>10 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking 3 PM WRAP via zoom <i>Hunger Action Day</i></p>	<p>11 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 1 PM Check-in/Goals 3 PM WRAP via zoom 3 PM Art Wellness 3:30 PM Karaoke</p>	<p>12 CLOSED</p>
<p>13 CLOSED</p>	<p>14 9 AM Community and Personal Healing via zoom 10 AM Music 11 AM Virtual group ** 12 PM IPS 2 PM Chair Yoga 3 PM WRAP via zoom <i>9:30-11:30 AM Newsletter Workgroup</i></p>	<p>15 9 AM Community and Personal Healing via zoom 10 AM Walking 11 AM Virtual group ** 12:45 PM Stretching 1 PM Community Mtg 3 PM WRAP via zoom <i>10 AM Consumer Council via zoom</i></p>	<p>16 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 11 AM Cross-stitch 12 PM Behaviors, Habits & Interactions 3 PM WRAP via zoom</p>	<p>17 9 AM Virtual group ** 11 AM Virtual group ** 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking 3 PM WRAP via zoom</p>	<p>18 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 1 PM Check-in/Goals 3 PM WRAP via zoom 3 PM Art Wellness</p>	<p>19 CLOSED</p>
<p>20 CLOSED</p>	<p>21 9 AM Community and Personal Healing via zoom 10 AM Music 11 AM Virtual group ** 12 PM IPS 2 PM Chair Yoga 3 PM WRAP via zoom</p>	<p>22 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 12:45 PM Stretching 1 PM Community Mtg 3 PM WRAP via zoom </p>	<p>23 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 11 AM Cross-stitch 12 PM Behaviors, Habits & Interactions 3 PM WRAP via zoom</p>	<p>24 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 11:30 AM Happiness is Key 1:30 PM Discussion relating to IPS 2 PM Walking 3 PM WRAP via zoom</p>	<p>25 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 1 PM Check-in/Goals 3 PM WRAP via zoom 3 PM Art Wellness 3:30 PM Karaoke</p>	<p>26 CLOSED</p>
<p>27 CLOSED</p>	<p>28 9 AM Community and Personal Healing via zoom 10 AM Music 11 AM Virtual group ** 12 PM IPS 2 PM Chair Yoga 3 PM WRAP via zoom</p>	<p>29 9 AM Community and Personal Healing via zoom 10 AM Walking 11 AM Virtual group ** 12:45 PM Stretching 1 PM Community Mtg 3 PM WRAP via zoom</p>	<p>30 9 AM Community and Personal Healing via zoom 11 AM Virtual group ** 11 AM Cross-stitch 12 PM Behaviors, Habits & Interactions 3 PM WRAP via zoom</p>	<p>HUNGER ACTION MONTH</p> 