




Next Step—December 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><i>* denotes date or time change</i></p> <p><i>Community Trips and Community Potluck are postponed until further notice.</i></p> <p><i>What's in the Box? is postponed until we resume Willing Hands deliveries.</i></p>	<p>1 12:30 PM WRAP 2:30 PM IPS</p>	<p>2 12:30 PM Patterns, Behaviors & Relationships 1 PM Community Meeting 3 PM WHAM</p>	<p>3 12 PM Check-in 2 PM Art Wellness</p>	<p>4 12:30 PM Life Goals 1:30 PM Basic Handiwork 2:30 PM Inspirational True Life Experiences</p>	<p>5 12 PM YouTube Video Discussion 1 PM Empathy 2:30 PM Community Healing</p>
6 Closed	<p>7 11 AM Walking Group 12:45 PM Stretching</p>	<p>8 12:30 PM WRAP 2:30 PM IPS</p>	<p>9 12:30 PM Patterns, Behaviors & Relationships 1 PM Community Meeting 3 PM WHAM</p>	<p>10 12 PM Check-in 2 PM Art Wellness</p> <p> <i>Happy Hanukkah</i></p>	<p>11 12:30 PM Life Goals 1:30 PM Basic Handiwork 2:30 PM Inspirational True Life Experiences</p>	<p>12 12 PM YouTube Video Discussion 1 PM Empathy 2:30 PM Community Healing</p>
13 Closed	<p>14 11 AM Walking Group 12:45 PM Stretching</p> <p><i>10-11 AM Newsletter Workgroup @ SS</i></p>	<p>15 12:30 PM WRAP 2:30 PM IPS</p>	<p>16 12:30 PM Patterns, Behaviors & Relationships 2 PM* Community Meeting 3 PM WHAM</p> <p><i>1 PM Educational Event: Grievance Procedure w/ Susan Seidler</i></p>	<p>17 12 PM Check-in 2 PM Art Wellness</p>	<p>18 12:30 PM Life Goals 1:30 PM Basic Handiwork 2:30 PM Inspirational True Life Experiences</p>	<p>19 12 PM YouTube Video Discussion 1 PM Empathy 2:30 PM Community Healing</p>
20 Closed	<p>21 11 AM Walking Group 12:45 PM Stretching</p> <p> <i>First Day of Winter</i></p>	<p>22 12:30 PM WRAP 2:30 PM IPS</p>	<p>23 12:30 PM Patterns, Behaviors & Relationships 1 PM Community Meeting 3 PM WHAM</p>	<p>24 12 PM Check-in 2 PM Art Wellness</p>	<p>25  Closed</p>	<p>26 12 PM YouTube Video Discussion 1 PM Empathy 2:30 PM Community Healing</p>
27 Closed	<p>28 11 AM Walking Group 12:45 PM Stretching</p>	<p>29 12:30 PM WRAP 2:30 PM IPS</p>	<p>30 12:30 PM Patterns, Behaviors & Relationships 1 PM Community Meeting 3 PM WHAM</p>	<p>31 12 PM Check-in 2 PM Art Wellness</p>	<p>REMOTE GROUPS <u>Monday through Friday</u></p> <p>9 AM Nutrition via zoom 11 AM Check-in via zoom 3 PM WRAP via zoom</p>	<p>PLEASE NOTE NO GROUPS:</p> <ul style="list-style-type: none"> • 9 AM—12/4, 18, 25 • 11 AM—12/25 • 3 PM—12/25