

The Stepping Stone Drop-In Center Association

Peer Support Centers & Warmline

****MEMORANDUM****

Susan E. Seidler
Executive Director

Stepping Stone
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Next Step
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www.steppingstonenextstep.org

TO: Community Members
FROM: Susan E. Seidler, Executive Director
RE: Coronavirus COVID-19 Response
DATE: April 21, 2023

Effective May 1, 2023:

- Stepping Stone is open Sunday, 11 AM-3 PM; Monday-Friday, 9 AM-4 PM; and Saturday, 11 AM-4 PM. Please see page 2 for what to expect at Stepping Stone.
- Next Step is open Monday, 9 AM-3 PM; Tuesday-Thursday, 9 AM-5 PM; Friday, 9 AM-7 PM; and Saturday, 10:30 AM-2:30 PM. Please see page 3 for what to expect at Next Step.
- Warmline is available Sunday through Thursday and Saturday, 4-9 PM; Friday, 4-8 PM, at 543-1388 or 1-888-582-0920.
- Daytime telephone peer support is available Monday-Friday, 9 AM-4 PM, at 448-6941, 543-1388, or 1-888-582-0920.
- Zoom groups are available Monday-Friday:
 - ✓ **Nutrition:** 9-10 AM
Computer: Go to <https://zoom.us/j/641939622>
Zoom App on your Smartphone or tablet: Select *Join a Meeting*, enter Meeting ID 641939622
Phone: Call 1-646-558-8656, enter Meeting ID 641939622#, for password press #
 - ✓ **Check-in:** 11 AM-Noon
Computer: Go to <https://zoom.us/j/95084929764>
Zoom App on your Smartphone or tablet: Select *Join a Meeting*, enter Meeting ID 95084929764
Phone: Call 1-646-558-8656, enter Meeting ID 95084929764#, for password press #

The health and safety of our community continues to be a priority; however, no plan can eliminate all risks of exposure to COVID-19 and other illnesses.

Please join with us and follow these precautions to help keep ourselves and others healthy:

1. Stay home when you are sick.
2. Wash your hands often with soap and water.
3. Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have a tissue, cough, or sneeze into the bend of your arm.

Thank you for your support. We hope to see you soon.

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Mission Statement: To support our mental health peers on their personal paths toward wellness within a community free from judgment where we share feelings, experiences, and tools in a respectful way.

What to expect at Stepping Stone:

- Porch access is unavailable.
- We will give you a disposable mask if requested.
- Member phone calls may be made and received downstairs only. You must get staff permission to use the phone.
- You must get staff permission to use the shower. Please disinfect surfaces before and after each use.
- The Giving Room is available to shop by appointment only on Monday, 11 AM-12 PM & 1-2 PM; Wednesday, 1-3 PM; and Saturday, 11:30 AM-12:30 PM. You must be accompanied by staff. You must contact Shanon before dropping off donations.
- These supports are on-hold until further notice:
 - ✓ Laundry
 - ✓ Community Trips

What to expect at Next Step:

- We will give you a disposable mask if requested.
- Member phone calls may be made and received on Member phone in the diningroom. You must get staff permission to use the phone.
- Laundry must be in a clear, closed plastic bag, and laundry punch cards are required. You must get staff permission before doing laundry.
- You must get staff permission to use the shower. Please disinfect surfaces before and after each use.
- The Giving Room is available to shop by appointment only Monday and Thursday. You must be accompanied by staff. You must contact Amber before dropping off donations.
- These supports are on-hold until further notice:
 - ✓ Community Trips